APPENDIX E

Methods for Determining Prevailing Traditional Eye Practices by Healers

There are some simple, yet important, steps to undertake in order to determine the prevailing traditional eye medicine practices by healers.

- Contact the National Prevention of Blindness Committee to determine if studies have been undertaken in your country or a surrounding country.

- If there is no locally appropriate information that can assist you, prepare a list of issues and questions such as those included below. Use these questions to help create a “picture” of traditional eye practices in your area.
  
  - Be sure to sensitize the healers regarding the reasons for your questions
  
  - Be sure to define your area of study (make it reasonable)
  
  - The person who carries out the questionnaire needs to be accepted and respected by healers and eye care personnel
  
  - Put the answers in a form that can be easily summarized

- Suggested recording form for assessing traditional eye practices of healers

  DATE: ...........................................  VILLAGE: .................................
  
  DISTRICT: .................................
  
  NAME of HEALER: .................................
**Treats Eye Diseases:** Yes / No

**Treats Eye Disease In:**
- Children
- Adults

**Treatment Methods (Eye Diseases):**

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| [ ] | [ ] | Drinking of mixtures
| [ ] | [ ] | Face washing
| [ ] | [ ] | Wearing of amulets
| [ ] | [ ] | Smoke/powder blowing
| [ ] | [ ] | Diet/fasting
| [ ] | [ ] | Licking
| [ ] | [ ] | Incantations
| [ ] | [ ] | Scarification
| [ ] | [ ] | Poulticing/cupping
| [ ] | [ ] | Topical instillations
| [ ] | [ ] | Fume baths

**Surgery (for Eye Diseases):**

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| [ ] | [ ] | Epilation
| [ ] | [ ] | Eyelid surgery
| [ ] | [ ] | Couching
| [ ] | [ ] | Others ____________________

<table>
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<th>Yes</th>
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| [ ] | [ ] | Awareness of eye care facilities
| [ ] | [ ] | Do you refer to eye care facilities?
| [ ] | [ ] | Do you want collaboration with eye care services/hospital?